

Taco Soup

Ingredients

- 1 lb Ground Beef
- 4 TBS Taco Seasoning
- 1 C Onion, diced
- 1 C Bell Peppers, diced
- 2 C Black Beans
- 2 C Rice, cooked
- 2 C Salsa
- 8 C Tomato Juice
- 2 C Corn (optional)



Directions

- Start by cooking the rice if you don't have cooked rice.
- Brown the ground beef in a dutch oven with the onions and bell peppers. Add half the taco seasoning.
- When the beef is cooked through with no pink, add in the rice, black beans, salsa, corn (if using), tomato juice, and second half of the taco seasoning.
- Bring the soup to a boil and then reduce to a simmer for at least 5 minutes to combine the flavors before serving.

Notes

- Store in the fridge for up to 5 days or the freezer for up to 3 months.
- If you like more bite, add some diced jalapeños.
- Pairs well with cornbread.