

ITALIAN SAUSAGE & SQUASH SKILLET WITH RICE

Ingredients

- 1 lb Italian Sausage
- 1 1/2 C Onion, Sautéd
- 3 C Cooked Rice
- 3 C Broth
- 1 Squash, peeled and cubed, about 4 cups
- 1/2 tsp Turmeric
- 1 tsp Garlic Powder
- 1 tsp Red Pepper Flakes
- 1 tsp Pepper

Directions

- Brown sausage in dutch oven
- Add onion and sauté
- Add broth, rice, spices, and squash
- Cook until squash is fork-tender, about 30 to 45 minutes
- Serve immediately

Store leftovers in the fridge for up to 1 week
Also freezes well for up to 3 months