

BANANA BREAD/MUFFINS

Ingredients

- 1 C Sugar
- 1 tsp Baking Soda
- 2 C Flour
- 1/8 tsp Salt
- 1/2-1 C Walnuts, chopped
- 2 Eggs
- 1/2 C Melted Butter
- 3 Tbs Sour Cream
- 3 Over-Ripe Bananas

Directions

- Preheat oven to 350°F
- Add dry ingredients to a bowl and mix
- Add wet ingredients and mix until blended well
- Pour into 2 greased loaf pans or fill muffin liners half full
- Add walnuts to top of bread or muffins, if desired
- Bake muffins for 25-30 minutes or until toothpick comes out clean
- Bake bread for 30-45 minutes or until toothpick comes out clean

Frozen bananas can be used but if they are peeled and watery they should be drained before adding to ingredients